



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Waloszczyk, Christian

Total time: 1:30:16

Club: Erfurt

Number: 230

Course: 20.30 km

Rank in course/Total: 84 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 79 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 25(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.30	6:52	22:53	18	2:26	58	2:41	0.30	6:52	22:53	31	0:04	110	
Rad	15.00	56:40	3:46	25	18:01	83	18:01	15.30	1:03:32	4:09	30	15:01	109	14:54
Lauf	5.00	26:44	5:20	24	7:11	76	8:16	20.30	1:30:16	4:26	25	24:55	79	24:58