



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Behning, Doris

Total time: 1:38:52

Club: Saalfelder LV

Number: 192

Course: 20.30 km

Rank in course/Total: 111 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 16 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 2(of 4)

AK 50 weiblich

Best time in the category: 1:33:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	7:30	25:00	3	0:30	13	2:24	0.30	7:30	25:00	5	0:27	25	0:31
Rad	15.00	1:05:33	4:22	4	5:00	21	12:07	15.30	1:13:03	4:46	5	3:27	25	5:50
Lauf	5.00	25:49	5:09	1	-	5	2:58	20.30	1:38:52	4:52	2	5:00	16	16:11