



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Blümel, Susan

Total time: 1:44:49

Club: AC Apolda

Number: 172

Course: 20.30 km

Rank in course/Total: 126 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 23 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 6(of 7)

AK 40 weiblich

Best time in the category: 1:28:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Total ranking			
											Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	7:00	23:20	1	-	6	1:54	0.30	7:00	23:20	8		25	0:01
Rad	15.00	1:05:34	4:22	6	9:39	22	12:08	15.30	1:12:34	4:44	8	6:45	25	5:21
Lauf	5.00	32:15	6:27	5	9:24	21	9:24	20.30	1:44:49	5:09	6	16:36	23	22:08