



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Graf, Winfried

Total time: 1:25:25

Club: Triathlon Friedrichroda

Number: 100

Course: 20.30 km

Rank in course/Total: 66 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 65 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 7(of 15)

AK 50 männlich

Best time in the category: 1:15:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Schwimmen	0.30	8:38	28:46	13	3:09	101	4:27	0.30	8:38	28:46	16	0:27	110	0:53
Rad	15.00	48:43	3:14	2	1:35	39	10:04	15.30	57:21	3:44	16		109	8:43
Lauf	5.00	28:04	5:36	11	7:21	87	9:36	20.30	1:25:25	4:12	7	10:02	65	20:07