



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Sickel, Jürgen

Total time: 1:47:05

Club: ZSG Waltershausen

Number: 224

Course: 20.30 km

Rank in course/Total: 128 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 105 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 15(of 15)

AK 50 männlich

Best time in the category: 1:15:23

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Schwimmen | 0.30 | 7:43 | 25:43 | 10 | 2:14 | 88 | 3:32 | 0.30 | 7:43 | 25:43 | 16 | | | 110 | |
| Rad | 15.00 | 1:06:32 | 4:26 | 15 | 19:24 | 104 | 27:53 | 15.30 | 1:14:15 | 4:51 | 16 | 12:57 | 68 | 25:37 | |
| Lauf | 5.00 | 32:50 | 6:34 | 14 | 12:07 | 104 | 14:22 | 20.30 | 1:47:05 | 5:16 | 15 | 31:42 | 105 | 41:47 | |