



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Ullrich, Janett

Total time: 1:44:23

Club: Erfurt

Number: 238

Course: 20.30 km

Rank in course/Total: 124 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 22 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 8(of 8)

AK 30 weiblich

Best time in the category: 1:29:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	8:59	29:56	8	2:00	21	3:53	0.30	8:59	29:56	9	0:45	25	2:00
Rad	15.00	1:06:19	4:25	8	9:27	23	12:53	15.30	1:15:18	4:55	9	8:54	25	8:05
Lauf	5.00	29:05	5:48	5	3:52	15	6:14	20.30	1:44:23	5:08	8	15:12	22	21:42