



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Czerny, Holger

Total time: 1:49:56

Club: Gotha

Number: 221

Course: 20.30 km

Rank in course/Total: 130 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 107 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 2(of 2)

AK 60 männlich

Best time in the category: 1:30:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.30	7:46	25:53	1	-	91	3:35	0.30	7:46	25:53	3		110	0:01
Rad	15.00	1:04:21	4:17	2	11:27	102	25:42	15.30	1:12:07	4:42	3	10:44	109	23:29
Lauf	5.00	37:49	7:33	2	8:48	107	19:21	20.30	1:49:56	5:24	2	19:32	107	44:38