



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Nickel, Martin

Total time: 2:09:52

Club: SBR Spangenberg

Number: 312

Course: 38.60 km

Rank in course/Total: 4 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 4 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 3(of 17)

AK 2, TM 30

Best time in the category: 2:05:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.60	9:49	16:21	5	1:23	11	1:23	0.60	9:49	16:21	18	1:23	60		
Rad	28.00	1:21:34	2:54	4	4:47	6	5:20	28.60	1:31:23	3:11	1	-	57		
Lauf	10.00	38:29	3:50	1	-	2	1:21	38.60	2:09:52	3:21	3	4:26	4	4:26	