



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Fricke, Lars Erik

Total time: 2:05:26

Club: falcoon-sports / AC Apolda

Number: 357

Course: 38.60 km

Rank in course/Total: 1 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 1 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 1(of 17)

AK 2, TM 30

Best time in the category: 2:05:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	8:26	14:03	1	-	1	-	0.60	8:26	14:03	1	-	60	
Rad	28.00	1:17:13	2:45	2	0:26	3	0:59	28.60	1:25:39	2:59	17		57	
Lauf	10.00	39:47	3:58	2	1:18	3	2:39	38.60	2:05:26	3:14	1	-	1	-