



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Volk, Tino**

**Total time: 2:21:15**

Club: Triathlon Friedrichroda

Number: 324

Course: 38.60 km

Rank in course/Total: 16 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 16 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 2(of 8)

Senioren 2, TM 45

Best time in the category: 2:19:57

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.60	10:50	18:03	2	0:12	16	2:24	0.60	10:50	18:03	1	-	60	
Rad	28.00	1:27:08	3:06	3	1:01	14	10:54	28.60	1:37:58	3:25	1	-	57	
Lauf	10.00	43:17	4:19	2	0:05	17	6:09	38.60	2:21:15	3:39	2	1:18	16	15:49