



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Brambring, Stefan

Total time: 2:14:16

Club: Trianhas VfL Bad Arolsen

Number: 353

Course: 38.60 km

Rank in course/Total: 7 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 7 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 5(of 17)

AK 2, TM 30

Best time in the category: 2:05:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.60	11:03	18:25	8	2:37	19	2:37	0.60	11:03	18:25	18	2:37	60		
Rad	28.00	1:21:23	2:54	3	4:36	5	5:09	28.60	1:32:26	3:13	17	1:03	57		
Lauf	10.00	41:50	4:11	7	3:21	10	4:42	38.60	2:14:16	3:28	5	8:50	7	8:50	