



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Sperl, Benjamin

Total time: 2:15:32

Club: Run2 Kassel

Number: 358

Course: 38.60 km

Rank in course/Total: 8 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 8 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 3(of 6)

AK 2, TM 25

Best time in the category: 2:08:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.60	13:20	22:13	6	4:24	35	4:54	0.60	13:20	22:13	7	2:03	60	
Rad	28.00	1:25:04	3:02	3	8:50	10	8:50	28.60	1:38:24	3:26	7	10:53	57	
Lauf	10.00	37:08	3:42	1	-	1	-	38.60	2:15:32	3:30	3	6:34	8	10:06