



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Sommerlade, Bernd

Total time: 2:28:37

Club: DJK MA-Feudenheim

Number: 333

Course: 38.60 km

Rank in course/Total: 24 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 24 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 1(of 3)

Senioren 2, TM 50

Best time in the category: 2:28:37

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.60	13:31	22:31	2	3:48	39	5:05	0.60	13:31	22:31	1	-	60	
Rad	28.00	1:28:57	3:10	1	-	19	12:43	28.60	1:42:28	3:34	1	-	57	
Lauf	10.00	46:09	4:36	1	-	29	9:01	38.60	2:28:37	3:51	1	-	24	23:11