



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Arndt, Tiemo**

**Total time: 2:19:55**

Club: Mad East 500

Number: 369

Course: 38.60 km

Rank in course/Total: 13 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 13 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 1(of 6)

AK 4, TM 35

Best time in the category: 2:19:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	16:13	27:01	6	7:18	56	7:47	0.60	16:13	27:01	7	7:18	60	0:38
Rad	28.00	1:21:59	2:55	1	-	8	5:45	28.60	1:38:12	3:26	7	-	57	-
Lauf	10.00	41:43	4:10	1	-	9	4:35	38.60	2:19:55	3:37	1	-	13	14:29