



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Arndt, Tiemo

Total time: 2:19:55

Club: Mad East 500

Number: 369

Course: 38.60 km

Rank in course/Total: 13 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 13 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 1(of 6)

AK 4, TM 35

Best time in the category: 2:19:55

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.60 | 16:13 | 27:01 | 6 | 7:18 | 56 | 7:47 | 0.60 | 16:13 | 27:01 | 7 | 7:18 | 60 | 0:38 |
| Rad | 28.00 | 1:21:59 | 2:55 | 1 | - | 8 | 5:45 | 28.60 | 1:38:12 | 3:26 | 7 | - | 57 | - |
| Lauf | 10.00 | 41:43 | 4:10 | 1 | - | 9 | 4:35 | 38.60 | 2:19:55 | 3:37 | 1 | - | 13 | 14:29 |