



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Pokorny, Karl**

**Total time: 19:31**

Club: TSV 1880 Gera Zwätzen

Number: 4

Course: 5.10 km

Rank in course/Total: 2 (of 35)

Einsteiger Triathlon (0,1/ 4,0/ 1,0)

Rank in course/Men: 2 (of 22)

Best time in course: 18:43

Category:

Rank in category: 2(of 4)

männliche Schüler A (12/13 Jahre)

Best time in the category: 18:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.10	2:02	20:19	2	0:02	3	0:15	0.10	2:02	20:19	5	0:02	23		
Rad	4.00	13:07	3:16	2	0:51	3	0:51	4.10	15:09	3:41	5	0:53	23		
Lauf	1.00	4:22	4:21	2	0:03	5	0:10	5.10	19:31	3:49	2	0:48	2	0:48	