



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Harms, Oliver

Total time: 2:34:15

Club: TVB 09

Number: 348

Course: 38.60 km

Rank in course/Total: 30 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 30 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 6(of 8)

Senioren 2, TM 45

Best time in the category: 2:19:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.60	10:57	18:15	3	0:19	17	2:31	0.60	10:57	18:15	9	0:07	60	
Rad	28.00	1:39:09	3:32	6	13:02	40	22:55	28.60	1:50:06	3:50	9	12:08	57	
Lauf	10.00	44:09	4:24	4	0:57	21	7:01	38.60	2:34:15	3:59	6	14:18	30	28:49