



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Hannig, Ralf

Total time: 2:27:53

Club: Radwerk

Number: 374

Course: 38.60 km

Rank in course/Total: 23 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 23 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 4(of 8)

Senioren 2, TM 45

Best time in the category: 2:19:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.60	11:16	18:46	4	0:38	23	2:50	0.60	11:16	18:46	9	0:26	60		
Rad	28.00	1:33:08	3:19	4	7:01	26	16:54	28.60	1:44:24	3:39	9	6:26	57		
Lauf	10.00	43:29	4:20	3	0:17	20	6:21	38.60	2:27:53	3:49	4	7:56	23	22:27	