



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Rietzschel, Theresa

Total time: 2:43:48

Club: SG Adelsberg

Number: 351

Course: 38.60 km

Rank in course/Total: 45 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Women: 3 (of 7)

Best time in course: 2:37:30

Category:

Rank in category: 1(of 1)

AK 1, TW 20

Best time in the category: 2:43:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.60	13:11	21:58	1	-	3	2:45	0.60	13:11	21:58	1	-	8	1:52
Rad	28.00	1:41:21	3:37	1	-	3	2:31	28.60	1:54:32	4:00	1	-	8	4:23
Lauf	10.00	49:16	4:55	1	-	3	1:55	38.60	2:43:48	4:14	1	-	3	6:18