



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Hedwig, Lilian

Total time: 2:42:06

Club: Triathlon Gera

Number: 361

Course: 38.60 km

Rank in course/Total: 43 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Women: 2 (of 7)

Best time in course: 2:37:30

Category:

Rank in category: 1(of 1)

AK 2, TW 25

Best time in the category: 2:42:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.60	10:26	17:23	1	-	1	-	0.60	10:26	17:23	1	-	8		
Rad	28.00	1:40:57	3:36	1	-	2	2:07	28.60	1:51:23	3:53	1	-	8	1:14	
Lauf	10.00	50:43	5:04	1	-	4	3:22	38.60	2:42:06	4:11	1	-	2	4:36	