



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Steuding, Johannes

Total time: 2:54:09

Club: Günthersleben

Number: 347

Course: 38.60 km

Rank in course/Total: 51 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 47 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 7(of 7)

AK 1, TM 20

Best time in the category: 2:15:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Schwimmen	0.60	13:41	22:48	6	5:10	41	5:15	0.60	13:41	22:48	8	4:24	60	
Rad	28.00	1:40:53	3:36	7	18:07	42	24:39	28.60	1:54:34	4:00	8	13:31	57	
Lauf	10.00	59:35	5:57	7	19:17	51	22:27	38.60	2:54:09	4:30	7	38:16	47	48:43