



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Kißling, Stefan

Total time: 2:50:25

Club: Triathlon Friedrichroda

Number: 367

Course: 38.60 km

Rank in course/Total: 48 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 44 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 14(of 17)

AK 2, TM 30

Best time in the category: 2:05:26

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.60	12:36	21:00	11	4:10	32	4:10	0.60	12:36	21:00	18	4:10	60	
Rad	28.00	1:43:20	3:41	14	26:33	45	27:06	28.60	1:55:56	4:03	17	24:33	57	
Lauf	10.00	54:29	5:26	13	16:00	47	17:21	38.60	2:50:25	4:24	14	44:59	44	44:59