



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

von Skwarczinsky, Clemens

Total time: 3:07:03

Club: Riyadh Triathletes

Number: 342

Course: 38.60 km

Rank in course/Total: 57 (of 66)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 51 (of 59)

Best time in course: 2:05:26

Category:

Rank in category: 6(of 6)

AK 4, TM 35

Best time in the category: 2:19:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.60	12:01	20:01	4	3:06	30	3:35	0.60	12:01	20:01	7	3:06	60		
Rad	28.00	1:55:12	4:06	6	33:13	51	38:58	28.60	2:07:13	4:26	7	24:49	57	8:27	
Lauf	10.00	59:50	5:59	6	18:07	52	22:42	38.60	3:07:03	4:50	6	47:08	51	1:01:37	