



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Braatz, Daniel**

**Total time: 1:13:07**

Club: Tabarzer SV, Abt. Ski-Nordisch

Number: 108

Course: 20.30 km

Rank in course/Total: 18 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 18 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 4(of 17)

AK 20 männlich

Best time in the category: 1:08:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	6:06	20:19	4	1:55	35	1:55	0.30	6:06	20:19	18	0:48	110		
Rad	15.00	45:16	3:01	4	2:28	20	6:37	15.30	51:22	3:21	18	3:16	109	2:44	
Lauf	5.00	21:45	4:20	4	0:55	22	3:17	20.30	1:13:07	3:36	4	4:45	18	7:49	