



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Jäger, Thomas

Total time: 1:16:39

Club: Tri-Team Heuchelberg

Number: 114

Course: 20.30 km

Rank in course/Total: 31 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 31 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 7(of 34)

AK 40 männlich

Best time in the category: 1:05:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	4:55	16:23	1	-	5	0:44	0.30	4:55	16:23	35			42	
Rad	15.00	46:31	3:06	5	5:05	25	7:52	15.30	51:26	3:21	35			109	2:48
Lauf	5.00	25:13	5:02	20	6:45	63	6:45	20.30	1:16:39	3:46	7	11:21		31	11:21