



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Daehne, Falk

Total time: 1:19:49

Club: TSV 1880 Gera-Zwötzen

Number: 102

Course: 20.30 km

Rank in course/Total: 41 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 41 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 17(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	5:35	18:36	5	1:09	20	1:24	0.30	5:35	18:36	31		110	
Rad	15.00	51:01	3:24	21	12:22	54	12:22	15.30	56:36	3:41	30	8:05	109	7:58
Lauf	5.00	23:13	4:38	14	3:40	38	4:45	20.30	1:19:49	3:55	17	14:28	41	14:31