



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Hofen, Christian

Total time: 1:18:04

Club: Mühlhausen

Number: 117

Course: 20.30 km

Rank in course/Total: 34 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 34 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 15(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.30	5:22	17:53	3	0:56	14	1:11	0.30	5:22	17:53	31			110
Rad	15.00	47:07	3:08	14	8:28	29	8:28	15.30	52:29	3:25	30	3:58	109	3:51
Lauf	5.00	25:35	5:06	22	6:02	66	7:07	20.30	1:18:04	3:50	15	12:43	34	12:46