



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Kühn, Michael

Total time: 1:16:54

Club: schneller kann ja jeder!

Number: 158

Course: 20.30 km

Rank in course/Total: 32 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 32 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 13(of 30)

AK 30 männlich

Best time in the category: 1:05:21

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Pos<br>Cat. | Behind<br>Cat. | Total ranking |            |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-------------|----------------|---------------|------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |             |                | min/km        | Pos<br>Men | Behind<br>Men |
| Schwimmen | 0.30        | 6:31          | 21:43           | 13          | 2:05           | 45          | 2:20          | 0.30  | 6:31    | 21:43       | 31             |               | 110        |               |
| Rad       | 15.00       | 48:56         | 3:15            | 17          | 10:17          | 44          | 10:17         | 15.30 | 55:27   | 3:37        | 30             | 6:56          | 109        | 6:49          |
| Lauf      | 5.00        | 21:27         | 4:17            | 7           | 1:54           | 18          | 2:59          | 20.30 | 1:16:54 | 3:47        | 13             | 11:33         | 32         | 11:36         |