



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Frank, Daniel

Total time: 1:22:55

Club: Tabarzer SV Abt. Mountainbike

Number: 130

Course: 20.30 km

Rank in course/Total: 59 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 58 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 22(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	7:19	24:23	20	2:53	73	3:08	0.30	7:19	24:23	31	0:31	110		
Rad	15.00	46:30	3:06	10	7:51	24	7:51	15.30	53:49	3:31	30	5:18	109	5:11	
Lauf	5.00	29:06	5:49	28	9:33	95	10:38	20.30	1:22:55	4:05	22	17:34	58	17:37	