



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Frank, Daniel

Total time: 1:22:55

Club: Tabarzer SV Abt. Mountainbike

Number: 130

Enduro Long Women

Rank in course/Total: 59 (of 133)

Rank in course/Men: 58 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 22(of 30)

AK 30 männlich

Best time in the category: 1:05:21

### Intermediate times

### Stage score

### Total ranking

| Control   | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|           |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Schwimmen | 0.30        | 7:19          | 24:23           | 20          | 2:53           | 73          | 3:08          | 0.30  | 7:19    | 24:23           | 31          | 0:31           | 110           |               |
| Rad       | 15.00       | 46:30         | 3:06            | 10          | 7:51           | 24          | 7:51          | 15.30 | 53:49   | 3:31            | 30          | 5:18           | 109           | 5:11          |
| Lauf      | 5.00        | 29:06         | 5:49            | 28          | 9:33           | 95          | 10:38         | -     | 1:22:55 | -               | 22          | 17:34          | 58            | 17:37         |