



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Kamp, Olaf**

**Total time: 1:15:23**

Club: Saalfeld

Number: 171

Course: 20.30 km

Rank in course/Total: 25 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 25 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 1(of 15)

AK 50 männlich

Best time in the category: 1:15:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:20	21:06	5	0:51	39	2:09	0.30	6:20	21:06	16	-	110	-
Rad	15.00	47:08	3:08	1	-	30	8:29	15.30	53:28	3:29	16	-	109	4:50
Lauf	5.00	21:55	4:23	3	1:12	26	3:27	20.30	1:15:23	3:42	1	-	25	10:05