



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Wiewald, Philipp

Total time: 1:13:53

Club: LTV Efurt

Number: 179

Course: 20.30 km

Rank in course/Total: 20 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 20 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 4(of 10)

Jugend männlich bis 19 Jahre

Best time in the category: 1:06:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	5:09	17:10	4	0:44	8	0:58	0.30	5:09	17:10	11	0:44	110		
Rad	15.00	48:14	3:12	5	7:30	36	9:35	15.30	53:23	3:29	11	8:10	109	4:45	
Lauf	5.00	20:30	4:05	2	0:55	8	2:02	20.30	1:13:53	3:38	4	7:50	20	8:35	