



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Stichling, Laura

Total time: 1:22:41

Club: Marine Club Gotha

Number: 140

Course: 20.30 km

Rank in course/Total: 57 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Women: 1 (of 24)

Best time in course: 1:22:41

Category:

Rank in category: 1(of 1)

Jugend weiblich bis 19 Jahre

Best time in the category: 1:22:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking				
						Pos Women	Behind Women				Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.30	5:49	19:23	1	-	3	0:43	0.30	5:49	19:23	1	-	25		
Rad	15.00	53:26	3:33	1	-	1	-	15.30	59:15	3:52	1	-	25		
Lauf	5.00	23:26	4:41	1	-	2	0:35	20.30	1:22:41	4:04	1	-	1		-