



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Schalk, Udo

Total time: 1:24:23

Club: Dream Team Ilmenau

Number: 139

Course: 20.30 km

Rank in course/Total: 64 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 63 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 6(of 15)

AK 50 männlich

Best time in the category: 1:15:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	5:51	19:30	3	0:22	28	1:40	0.30	5:51	19:30	16			110	
Rad	15.00	54:46	3:39	9	7:38	73	16:07	15.30	1:00:37	3:57	16			109	11:59
Lauf	5.00	23:46	4:45	4	3:03	45	5:18	20.30	1:24:23	4:09	6	9:00		63	19:05