



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Möller, Steffen

Total time: 1:21:25

Club: SG Petriroda

Number: 153

Course: 20.30 km

Rank in course/Total: 49 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 49 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 12(of 34)

AK 40 männlich

Best time in the category: 1:05:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:56	23:06	23	2:01	61	2:45	0.30	6:56	23:06	35	0:53	110	
Rad	15.00	49:19	3:17	11	7:53	45	10:40	15.30	56:15	3:40	35		109	7:37
Lauf	5.00	25:10	5:01	18	6:42	60	6:42	20.30	1:21:25	4:00	12	16:07	49	16:07