



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Lehmann, Christian

Total time: 1:16:13

Club: Friedrichroda

Number: 181

Course: 20.30 km

Rank in course/Total: 29 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 29 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 12(of 30)

AK 30 männlich

Best time in the category: 1:05:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:13	27:23	26	3:47	96	4:02	0.30	8:13	27:23	31	1:25	110	0:28
Rad	15.00	47:37	3:10	15	8:58	33	8:58	15.30	55:50	3:38	30	7:19	109	7:12
Lauf	5.00	20:23	4:04	3	0:50	7	1:55	20.30	1:16:13	3:45	12	10:52	29	10:55