



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

**Kurz, Steffan**

**Total time: 1:27:18**

Club: SV 05 Friedrichroda

Number: 136

Course: 20.30 km

Rank in course/Total: 76 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 74 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 9(of 15)

AK 50 männlich

Best time in the category: 1:15:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:16	24:13	8	1:47	72	3:05	0.30	7:16	24:13	16			110
Rad	15.00	52:53	3:31	6	5:45	63	14:14	15.30	1:00:09	3:55	16			109 11:31
Lauf	5.00	27:09	5:25	8	6:26	78	8:41	20.30	1:27:18	4:18	9	11:55	74	22:00