



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Espig, Torsten

Total time: 1:14:02

Club: MTB Team Schroeter / Tabarzer SV 1887 e.V.

Number: 201

Course: 20.30 km

Rank in course/Total: 21 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 21 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 6(of 17)

AK 20 männlich

Best time in the category: 1:08:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:41	22:16	6	2:30	53	2:30	0.30	6:41	22:16	18	1:23	110	
Rad	15.00	45:08	3:00	3	2:20	19	6:29	15.30	51:49	3:23	18	3:43	109	3:11
Lauf	5.00	22:13	4:26	6	1:23	30	3:45	20.30	1:14:02	3:38	6	5:40	21	8:44