



12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

Detailed evaluation

Karlowsky, Stefan

Total time: 1:31:46

Club: Jena

Number: 120

Course: 20.30 km

Rank in course/Total: 89 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 83 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 13(of 17)

AK 20 männlich

Best time in the category: 1:08:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	8:48	29:20	15	4:37	102	4:37	0.30	8:48	29:20	18	3:30	110	1:03	
Rad	15.00	55:39	3:42	12	12:51	75	17:00	15.30	1:04:27	4:12	18	16:21	109	15:49	
Lauf	5.00	27:19	5:27	12	6:29	79	8:51	20.30	1:31:46	4:31	13	23:24	83	26:28	