



# 12. Cross Triathlon mit XTERRA - Einzel

Friedrichroda / Thüringen / 14.07.2013

## Detailed evaluation

Kießling, Daniel

Total time: 1:18:14

Club: TSV 1880 Gera Zwätzen

Number: 184

Course: 20.30 km

Rank in course/Total: 36 (of 133)

Cross Triathlon (0.3/15,0/5,0 km)

Rank in course/Men: 36 (of 109)

Best time in course: 1:05:18

Category:

Rank in category: 16(of 30)

AK 30 männlich

Best time in the category: 1:05:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking				
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Schwimmen	0.30	6:38	22:06	15	2:12	51	2:27	0.30	6:38	22:06	31			110	
Rad	15.00	48:35	3:14	16	9:56	37	9:56	15.30	55:13	3:36	30	6:42	109	6:35	
Lauf	5.00	23:01	4:36	13	3:28	36	4:33	20.30	1:18:14	3:51	16	12:53	36	12:56	