



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Töpfer, Heike

Club: SG Union Schönau v.d.W.
Number: 327

Course: 7.74 km
8 km - Strecke Nordic Walking

Total time: 58:35

Speed: 7.17 km/h

metres in height up: 220
Course score: 10.30

performance score: 88 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:31	00:00	00:00
Steigerhaus	2.9	2.9	10:55	00:24	00:24
Finish	7.7	4.9	11:29	00:58	00:34