



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Niehle, Roswietha

Club: SV Tautenhain

Number: 328

Course: 7.74 km

8 km - Strecke Nordic Walking

Total time: 1:26:01

Speed: 4.88 km/h

metres in height up: 220

Course score: 10.30

performance score: 60 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	10:31	00:00	00:00
Steigerhaus	2.9	2.9	11:07	00:36	00:36
Finish	7.7	4.9	11:57	01:26	00:49