



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Rauch, Andreas

Club: Gotha
Number: 105

Course: 19.80 km
20 km - Strecke Nordic Walking

Total time: 2:38:08

Speed: 7.21 km/h

metres in height up: 472
Course score: 26.08

performance score: 202 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:31	00:00	00:00
Steigerhaus	2.9	2.9	09:55	00:24	00:24
Finsterbacher Pirschhaus	8.3	5.4	10:41	01:10	00:46
Lindenstein	16.3	8.0	11:39	02:07	00:57
Finish	19.8	3.5	12:09	02:38	00:30