



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Hemmann, Manfred

Club: Gera

Number: 208

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:19:29

Speed: 6.02 km/h

metres in height up: 398

Course score: 19.97

performance score: 129 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Steigerhaus	2.9	2.9	10:26	00:26	00:26
Finsterbacher Pirschhaus	8.3	5.4	11:18	01:19	00:52
Finish	14.6	6.3	12:18	02:19	00:59