



### 3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

#### Detailed evaluation

Berndt, Christiane

Club: Weimar

Number: 216

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:22:47

Speed: 6.14 km/h

metres in height up: 398

Course score: 19.97

performance score: 126 Points

#### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Steigerhaus	2.9	2.9	10:27	00:28	00:28
Finsterbacher Pirschhaus	8.3	5.4	11:21	01:22	00:54
Finish	14.6	6.3	12:21	02:22	01:00