



### 3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

#### Detailed evaluation

Sauermann, Ullrich

Club: NW-Team Gräfenhain

Number: 210

Course: 14.60 km

15 km - Strecke Nordic Walking

Total time: 2:23:33

Speed: 6.10 km/h

metres in height up: 398

Course score: 19.97

performance score: 125 Points

#### Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Steigerhaus	2.9	2.9	10:29	00:30	00:30
Finsterbacher Pirschhaus	8.3	5.4	11:26	01:27	00:56
Finish	14.6	6.3	12:22	02:23	00:56