



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Lehmann, Gabi

Club: NW-Team Gräfenhain
Number: 206

Course: 14.60 km
15 km - Strecke Nordic Walking

Total time: 2:25:04

Speed: 5.79 km/h

metres in height up: 398
Course score: 19.97

performance score: 124 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Steigerhaus	2.9	2.9	10:28	00:29	00:29
Finsterbacher Pirschhaus	8.3	5.4	11:25	01:26	00:56
Finish	14.6	6.3	12:24	02:25	00:58