



3. Gräfenhainer Steigerlauf Gräfenhain / 20.07.2013

Detailed evaluation

Jatz, Susanne

Club: NW-Team Gräfenhain
Number: 201

Course: 14.60 km
15 km - Strecke Nordic Walking

Total time: 2:40:01

Speed: 5.47 km/h

metres in height up: 398
Course score: 19.97

performance score: 113 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	09:59	00:00	00:00
Steigerhaus	2.9	2.9	10:29	00:30	00:30
Finsterbacher Pirschhaus	8.3	5.4	11:27	01:28	00:58
Finish	14.6	6.3	12:39	02:40	01:11