



## 27. Ohratalsperrenlauf

Luisenthal / 27.07.2013

### Detailed evaluation

**Herzer, Nils**

Club: Erfurter LAC

Number: 163

Course: 3.00 km

3 km-Lauf

Category:

männliche Jugend M13 (13 Jahre)

Total time: 14:44

Speed: 12.22 km/h

Running performance: 4:55 min/km

Rank in course/Total: 1 (of 13)

Rank in course/Men: 1 (of 9)

Best time in course: 14:44

Rank in category: 1(of 3)

Best time in the category: 14:44