



27. Ohratalsperrenlauf

Luisenthal / 27.07.2013

Detailed evaluation

Hörning, Lothar

Club: Team Kyffhäuser bike and run

Number: 11

Course: 12.30 km

12 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 54:11

Speed: 13.29 km/h

Running performance: 4:25 min/km

Rank in course/Total: 7 (of 78)

Rank in course/Men: 7 (of 66)

Best time in course: 47:25

Rank in category: 1(of 7)

Best time in the category: 54:11