



## 27. Ohratalsperrenlauf

Luisenthal / 27.07.2013

### Detailed evaluation

**Lange, Heiko**

Club: Rennsteiglaufverein Suhl

Number: 76

Course: 12.30 km

12 km-Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:07:46

Speed: 10.62 km/h

Running performance: 5:31 min/km

Rank in course/Total: 28 (of 78)

Rank in course/Men: 26 (of 66)

Best time in course: 47:25

Rank in category: 1(of 7)

Best time in the category: 1:07:46