



## 27. Ohratalsperrenlauf

Luisenthal / 27.07.2013

### Detailed evaluation

**Held, Thoralf**

Club: SSV 02 Erfurt

Number: 72

Course: 12.30 km

12 km-Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:16:09

Speed: 9.46 km/h

Running performance: 6:11 min/km

Rank in course/Total: 53 (of 78)

Rank in course/Men: 47 (of 66)

Best time in course: 47:25

Rank in category: 6(of 7)

Best time in the category: 54:11